

## **“Choosing Vasectomy” Movie Documentation**

I have viewed the movie “Choosing Vasectomy,” available at the website Family Practice Notebook ([www.fpnotebook.com](http://www.fpnotebook.com)). I understand that vasectomy is a safe, effective, and permanent option for men who are certain they desire no future fertility. I am aware that vasectomy may not be reversible; if I chose to have reversal attempted in the future, medical insurance would be unlikely to cover this expensive, complicated and non-guaranteed procedure.

I understand that vasectomy is performed under local anesthesia, and requires an incision be made in the scrotum, with both vas deferens divided. My doctor will ask that I make certain preparations for the procedure: clipping the hairs on the front of the scrotum, and avoiding medications that increase my risk for bleeding (e.g. Aspirin and Ibuprofen). My doctor will also require a certain period of rest following the procedure in order to avoid complications.

I understand that vasectomy has several potential complications that could happen to me. The vasectomy could fail to prevent my ejaculating sperm, and an unexpected pregnancy could result. This emphasizes the importance of my attending the follow-up sperm samples my doctor will schedule; the sperm samples identify most, but not all men who remain fertile despite vasectomy. Infection may also occur following vasectomy, and I will notify my doctor immediately if I experience any fevers, foul discharge from the incision, or severe swelling, redness or pain of the scrotum. I will also notify my doctor if I experience any excessive bleeding (hematoma) which I understand may occur after vasectomy. Finally, I am aware that a painful collection of sperm, known as a spermatocele may result from vasectomy, and may require an additional procedure for removal.

The movie “Choosing Vasectomy” does not replace consultation with my doctor, and this form does not replace my signing the formal consent paperwork required for vasectomy. I will hold harmless the Family Practice Notebook, LLC, it’s officers, members, and authors regarding the information or lack thereof included in this movie.

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Patient Signature

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Date Signed